



FOUNDED 1851

St. Paul's College Annual Sports Day

*21st November & 1st December 2022
Wan Chai Sports Ground*





ST. PAUL'S COLLEGE
Thursday 1st December 2022
Wan Chai Sports Ground
Order of Event - Finals Day

- 8:00 a.m. The entrance will be open and roll-call will be taken. Students should be seated according to Houses.
- 8:05 a.m. Warm - up for competitors
- 8:20 a.m. All Officials, Prefects, Scouts, Youth Red Cross and the School Timing Team, please report duty at the Official Stand.

TRACK					FIELD			
Time	Event No.	Grade	Event	Final / Heat	Event No.	Grade	Event	Heat/Final
8:30	1	A & B	I/C 4x100 M Relay	Make-up race				
8:40	2	Open	400M Hurdle	2 F	3	B	Javelin	19 nos.
9:00	4	C	400 M	F	7	A	Triple Jump	17 nos.
	5	B	400 M	F	8	A	Shot Put	57 nos.
	6	A	400 M	F				
9:20	9	C	100 M	F	12	B	Long Jump	29 nos.
	10	B	100 M	F				
	11	A	100 M	F				
9:30	13	C	800 M	F				
	14	B	800 M	F				
	15	A	800 M	F				
9:50	16	C	200 M	F	19	C	Discus	9 nos.
	17	B	200 M	F				
	18	A	200 M	F				
10:10	20	Open	3000 M	F				
10:40	21	C	I/C 4x100 M	F				
	22	B	I/C 4x100 M	F				
	23	A	I/C 4x100 M	F				
11:00	24	C	I/H 4x100 M	F				
	25	B	I/H 4x100 M	F				
	26	A	I/H 4x100 M	F				
11:20	27	Open	4x100 M PTA Invitation Relay	F				
	28	Open	4x100 M Staff Invitation Relay	2F				
	29	Open	2x100 M Parent-student Relay	4F				
12:20	PRIZE PRESENTATION & CLOSING CEREMONY							
13:00	SCHOOL DISMISS							

ST. PAUL'S COLLEGE

Annual Sports Day (Finals Day)

Guest of Honour : Dr. Leung Yiu Yan, Mike
(Clinical Associate Professor in Oral and Maxillofacial Surgery,
HKU Faculty of Dentistry; Class of 1997)

Officials

Chairman of the Meet	:	Mr. D.Y. Yuen			
Vice-chairpersons	:	Mr. W.H. Wong	Mr. C.L. Wong	Ms. K.Y. Ng	Mr. K.C. Chan Ms. W.S. Wong
Organizing Secretaries	:	Mr. W.L. Tang	Mr. W.K. Wong		
Prayer	:	The Revd S. Turnquest			
Referees	:	Mr. W.L. Tang	Mr. W.W. Mak	Mr. W.K. Wong	Mr. T. Lee
Chief Track Judges	:	Mr. W.L. Tang	Mr. T. Lee		
Chief Field Judges	:	Mr. W.W. Mak	Mr. W.K. Wong	Ms. W.T. Chan	
Announcers	:	Mr. W.I. Yu	Ms. C.S. Kou	Ms. K.Y. Yu	Ms. M.Y. Hui Mr. C.L. Lo
		Ms. K.Y. Chan	Ms. H.Y. Chan	Ms. C. Lam	Ms. C. Wong Ms. Y.Y. Lee
		Ms. P. Chan			
Competitors' Marshall	:	Mr. T. Lee	Mr. S.H. Lee	Mr. K.W. Wong	<u>Student officials</u>
Starters and Marksmen	:	Mr. P.M. Choi	Mr. Y.K. Cheng	Mr. H. Li	<u>Student officials</u>
Position Judges	:	Mr. W.L. Tang	Ms. W.T. Chan	Mr. Y.L. Chow	<u>Student officials</u>
Timekeepers	:	School Timing Team			
Recorders' Advisor	:	Ms. W.C. Fung	<u>Student officials</u>		
Corner & Relay Judges	:	Mr. W.W. Mak	Mr. S.H. Lee	Ms. W.T. Chan	
High Jump	:	Mr. T.O. Chu	Mr. C.H. Lee	Mr. M.F. Kwok	Mrs. J. Wai Ms. C.C. Hung
		Ms. W.S. Leung	Mr. C.H. Ho	Ms. W. Yiu	Ms. P.Y. Lee <u>Student Officials</u>
Long Jump	:	Mr. K.S. Kwok	Mrs. M.K. See	Ms. P.S. Chan	Ms. M.Y. Shek Ms. K.C. Wong
		Ms. S.C. Yu	Ms. P.S. Kwok	Ms. Y. Y. Tse	Ms. L.Y. Kwok Ms. B. Cheng
		Ms. X. Ma	Mr. T.W. Lau	Mr. K.C. Shek	<u>Student Officials</u>
Triple Jump	:	Mr. H.M. Tang	Mr. T.F. Ng	Mr. S.C. Woods	Mr. K. Kan Ms. C.M. Massey
		Ms. M.F. To	<u>Student Officials</u>		
Shot Put	:	Mr. C.C. Chan	Ms. S.Y. Ngan	Mrs. S. Hsu	Ms. L.N. Chan Ms. S.M. Yu
		Ms. L.T. Ng	Ms. H.L. Chan	Ms. S.K. Lam	Ms. T.S. Chan
		Ms. N.K. Wong	Mr. H.W. Lee	Mrs. P.M. Ng	<u>Student Officials</u>
Discus	:	Mr. S.N. Tse	Ms. M. S. Lee	Ms. W.Y. Yuen	Mr. P.Y. Chan Ms. N.T. Cheng
		Ms. W.Y. Chau	Ms. L.L. Chan	Ms. L.M. Wong	Mr. P. Lam Mr. K.H. Ngan
		Mr. K.C. Leung	<u>Student Officials</u>		
Javelin	:	Mr. K.C. Au Yeung	Mr. W.H. Poon	Ms. S.O. Chak	Ms. S. Leung Ms. K.Y. Kwong
		Ms. M.W. Wong	<u>Student Officials</u>		
Prizes	:	Ms. Y.S. Chan	Ms. I.M. Hui	<u>Scouts</u>	
Runners & Helpers	:	<u>Scouts</u>			
Publicity Team	:	Mrs. Y.O. Zai	Mr. K.W. Lee	Mr. B. Li	
First-aiders	:	Ms. K.Y. Wong	Mr. K.W. Kan	<u>Youth Red Cross</u>	
Discipline	:	Mr. Y.H. Li	Ms. M. Chan	<u>Prefects</u>	
Best Cheering Team Judges:		Mr. D.Y. Yuen	Mr. W.H. Wong	Mr. C.L. Wong	Ms. K.Y. Ng Mr. K.C. Chan
		Ms. W.S. Wong			

If 2 or more persons are named for any event or duty, the first shall be considered the chief official.
All teachers should please help in

- (1) Maintaining general discipline among the participants.
- (2) Ensuring that no spectators go onto the field and track.
- (3) Enforcing anti-septic measures.

ST. PAUL'S COLLEGE

Athletics Records

EVENT	RECORD	YEAR	HOLDER
<u>A-Grade</u>			
100 m.	10.79 sec.	1992	<i>Ku Wai Ming</i>
200 m.	23.16 sec.	1992	<i>Ku Wai Ming</i>
400 m.	52.73 sec.	1991	<i>Ku Wai Ming</i>
800 m.	2 min. 06.12 sec.	2010	<i>Chiu Chung Tak</i>
1500 m.	4 min. 28.24 sec.	2010	<i>Chiu Chung Tak</i>
110 m. Hurdles	15.9 sec.	1987	<i>Lai Chi Yeung</i>
Long Jump	6.50 m.	2018	<i>Wu Hiu Chun</i>
Triple Jump	12.97 m.	1997	<i>Chow Lee Kuen</i>
High Jump	1.78m.	2006	<i>Yu Kin Wai</i>
Shot Put	12.20 m.	2010	<i>Wong Yat Hin</i>
Discus	32.10 m.	1969	<i>Mak Kuk Kwan</i>
Javelin	43.84 m.	2007	<i>Ng Tit Ho</i>
4x100 m. I/H Relay	48.28 sec.	2018	<i>Pine</i>
4x400 m. I/H Relay	4 min. 04.13 sec.	2008	<i>Rosewood</i>
<u>B-Grade</u>			
100 m.	11.25 sec.	1989	<i>Ku Wai Ming</i>
200 m.	23.05 sec.	1989	<i>Ku Wai Ming</i>
400 m.	New Record	2022	<i>Leung Kin Shing</i>
800 m.	2 min. 12.2 sec.	1980	<i>Lee Kwok Fai</i>
1500 m.	4 min. 43.8 sec.	1980	<i>Lee Kwok Fai</i>
100 m. Hurdles	15.18 sec.	1986	<i>Lai Chi Yeung</i>
Long Jump	6.24 m.	1975	<i>Li Tai Fu</i>
Triple Jump	12.16 m.	2016	<i>Wu Hiu Chun</i>
High Jump	1.70 m.	2000	<i>Chan Wai Lok</i>
Shot Put	13.04 m.	1972	<i>Rex Leung</i>
Discus	33.50 m.	2000	<i>Calvin Phang</i>
Javelin	38.56 m.	1980	<i>Fu Kwok Keung</i>
4x100 m. I/H Relay	50.18 sec.	2012	<i>Pine</i>
4x400 m. I/H Relay	4 min. 07.66 sec.	2010	<i>Oak</i>
<u>C-Grade</u>			
100 m.	12.2 sec.	1974	<i>Li Sing Yip</i>
200 m.	25.6 sec.	1969	<i>Luk Chi Kong</i>
400 m.	59.85 sec.	1989	<i>Lai Kin Fai</i>
800 m.	New Records	2022	<i>Tsui Hin Fung Herman</i>
1500 m.	New Records	2022	<i>Tsui Hin Fung Herman</i>
100 m. Hurdles	17.4 sec.	1982	<i>Leung Kai Man</i>
Long Jump	5.30 m.	1997	<i>Chan Heng Shan</i>
High Jump	1.60 m.	2010	<i>Tse Shing Ho</i>
Shot Put	13.05 m.	1983	<i>Cheng Mau Tin</i>
Discus	29.54 m.	1989	<i>Ho Yuk Kwan</i>
4x100 m. I/H Relay	54.04 sec.	2012	<i>Rosewood</i>
4x400 m. I/H Relay	4 min. 26.19 sec.	2013	<i>Oak</i>
<u>Open-Grade</u>			
3000 m.	10 min.19.14 sec.	2010	<i>Chiu Chung Tak</i>
400m. Hurdle	1 min.05.44 sec.	2015	<i>Tam Hok Yiu Sean</i>

ST. PAUL'S COLLEGE

ATHLETIC STANDARDS & SPECIFICATIONS OF IMPLEMENT

EVENT	GRADE		
	A / OPEN	B	C
100 m.	12.80 sec.	13.30 sec.	14.10 sec.
200 m.	26.50 sec.	27.00 sec.	29.60 sec.
400 m.	1 min .02 sec.	1 min. 06 sec.	1 min.12 sec.
800 m.	2 min. 34 sec.	2 min. 40 sec.	2 min. 53 sec.
1500 m.	5 min. 30 sec.	5 min. 40 sec.	5 min. 58 sec.
3000 m.	15 min.	-----	-----
100 m. Hurdle	-----	20.0 sec. (0.914 m. high)	21.8 sec. (0.84 m. high)
110 m. Hurdle	20.3 sec. (0.914m. high)	-----	-----
400 m. Hurdle	1:10.00 (0.84m. high)		
High Jump	1.50 m.	1.45 m.	1.25 m.
Long Jump	4.9 m.	4.6 m.	3.9 m.
Triple Jump	10.3 m.	9.4 m.	-----
Shot Put	8.9 m. (5 Kg)	9.2 m. (4 Kg)	7.25 m. (4 Kg)
Discus	20.00 m. (1.5 Kg)	22.0 m. (1 Kg)	15.50 m. (1 Kg)
Javelin	23.0 m. (700 gm)	18.0 m.	-----
4 x 100 m.	50.0 sec.	52.0 sec.	56.5 sec.
4 x 400 m.	4 min. 09 sec.	4 min. 20 sec.	4 min. 48 sec.

THINGS TO NOTE

1. MARSHALLING POINTS

For all Field and Track Events -

Competitors should go to report for events at Marshalling Point. (Please refer to the attached layout plan.)

2. CLASH OF EVENTS

The competitor should report to the field event official and inform the official i/c that he will join after his track event finished

3. QUALIFYING FOR FINALS

- The BEST 8 in the heats will qualify to the finals.
- The BEST 12 in the heats will qualify to the 800m finals

4. Scoring System:

- a. Entry Point: 1 entry point will be added for each participant.
- b. Penalty Point: 1 point will be deducted for competitors who failed to turn up for competition.



RULES AND REGULATIONS

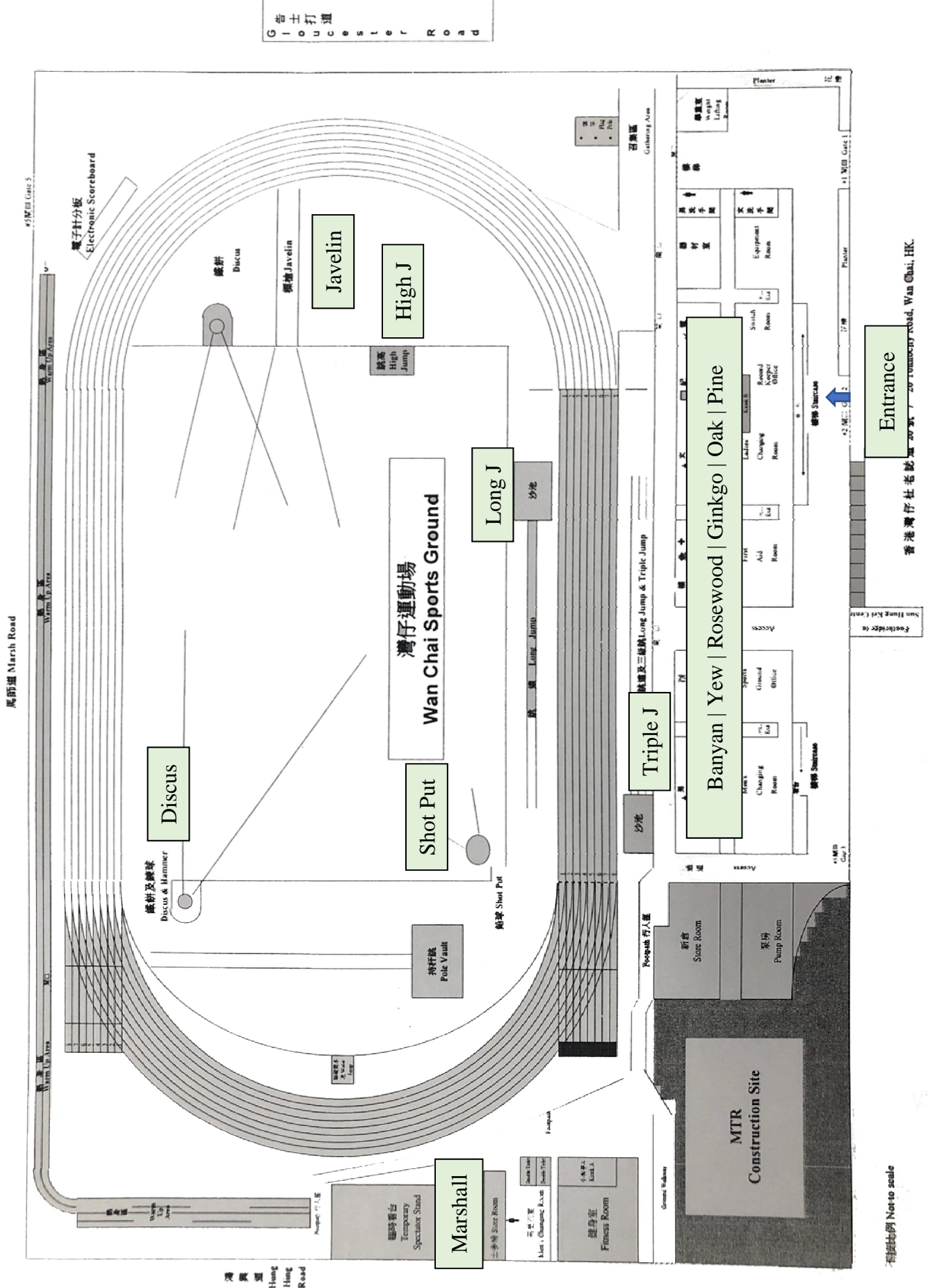
1. Only 5-7mm spikes or rubber shoes are allowed on the track. The competitor wearing spikes other than the specified category will be refused access to the track. (no one is allowed to run bare-footed)
2. Eating and drinking are not allowed on the track.
3. No glassware is allowed to be brought onto the track.
4. Non-competitors must remain on the spectator stands.
5. When shot put, discus and javelin are being used, they must be carried back by hand to the throwing point. On no account will the above mentioned items be allowed to throw back.
6. Central lawn area can only be used for field events; activities other than those cannot be taken place in the central lawn area.
7. Competitors can only use the warm up track for warm up exercise.



PRIZE GIVING CEREMONY

1. WINNERS of the first three places in a final race should quickly assemble at the prize-giving stand in front of official stand.
2. REMEMBER to receive your prizes from Guest-of-Honour in FULL SCHOOL UNIFORM / PROPER SPORTS ATTIRE.
3. As a matter of COURTESY : Bow - Shake Hand - Say " Thank You ! "

Wan Chai Sports Ground Layout Plan



不設比例 Not to scale

Student Officials

Chief	: 5B Poon Hoi Yui Horus		
Competitors' Marshall	: 5A Wong Pak Long 5B Poon Hin Yu	3D Kung Chun Hong	3D Ang Lok Hay
Starters and Marksmen	: 5D Yang Feichi 5C Gao Chun Yu	3D Wu Lu 4E Zhou Tsz Shing	4C Ho Chak Kai
Position Judges	: 5D Cheuk Tin Lok 4B Tam Lok Him 4A Choy Ching Hei 2F Poon Tak Him	4A Lau Ho Yin 4C Wong Ka To 2D Chui Chung Hei	5E Yeung Shing Yau 4E Chan James 2C Leung Yat Chun
Photo-Recording & Recorders	: 5E Ng Cheuk Hin Bernard 4E Li Shun Hin Ernest	5E Wong Wing Ping	4C Fung Hin Yu
High Jump	: 5B Li Chi Hong	3A Wang Chris Sen Yu	5B Pang Yin Ki
Long Jump	: 5E Tung Yau Sang 2F Tsui Cho Him Nicholas	5D Chan Chun Wing	2B Wong To Wang
Triple Jump	: 4F Wong Kin On	4F Tang King Long	6D Tang Chi Nok Alex
Shot Put	: 5F Lau Yue Ching	3D Lai Ming San	5D Zuo Yun Qi Joshua
Discus	: 5E Mak Chun Hei Ronald	2E Lin Chun Hei	5E Chim Chad Aristo
Javelin	: 6D Leung De Wei Trevor	3D Lee Hei Yui	3F Chan Kim Nam

Event List

Track Event	Heats Day	Finals Day
100m, 200m, 400m, 800m, I/C 4x100m	Heats	Finals
100m Hurdle, 110m Hurdle, 1500m, I/H 4x400m	Finals	---
3000m, 400m Hurdle, I/H 4x100m, Staff Invitation 4x100m, PTA 4x100m, Parent-student 2x100m	---	Finals
Field Event	Heats Day	Finals Day
Long Jump	A, C	B
Triple Jump	B	A
High Jump	A, B, C	---
Shot Put	B, C	A
Discus	A, B	C
Javelin	A	B

Finals Day – Lane Distributions

Event No.: 1				
Event Name: I/C 4 x 100M Grade A & B (Make-up race)				
Event Time: 8:30 a.m.				
Heat No.: 1				
Lane	Cls	No	Name	Hse
1				
2	3C		3C (Grade B)	
3				
4	6A		6A	
5	6E		6E	
6	6C		6C	
7				
8				

Event No.: 2				
Event Name: 400M Hurdle Open				
Event Time: 8:40 a.m.				

Final No.: 1				
Lane	Cls	No	Name	Hse
1	5A	14	Lee Andrew Barnabas	O
2	5A	10	Lam Chin Yu	B
3	5A	2	Chan King Laam	Y
4	5C	4	Chow Thomas	R
5	4B	15	Wong Ki Ching	P
6	5E	28	Wu Pak Kwan	R
7	5B	7	Chow Wai Ching	G
8	6A	22	Tsui Jerry William	G

Final No.: 2				
2	5F	11	Hui King Bong	O
3	5A	6	Chiu Kwok Wai	R
4	6E	8	Chow Chung Yan	B
5	3D	3	Chan Yat Cho	O
6	4C	17	Leung Kin Shing	B

Event No.: 3				
Event Name: Javelin Grade B				
Event Time: 8:40 a.m.				

Final				
1	2D	32	Yuan Tianle	R
2	4C	13	Ku Pak Hin	R
3	4A	20	Wong Yat Hin	B
4	4E	3	Chan James	O
5	4F	14	Ho Adrian	R
6	3B	27	Yeung Ho Lun	G
7	3A	28	Yiu Cheuk Kiu	R
8	3A	20	Ng Hin Lam Harvey	O
9	3C	15	Law Tsz Hei	G

10	4A	19	Wong Ming Tak	B
11	4D	16	Wan Ka Chun	O
12	4D	5	Chu Po Sing	Y
13	4F	21	Liu Tsz Fung	Y
14	4D	13	Poon Chung Hei	B
15	3A	16	Lee Sung Hei Matthew	O
16	3C	11	Ku Chun Hei	B
17	4D	7	Kwan Nok Yin	R
18	4D	10	Lo Chi Him	R
19	3F	17	Man Ho Lam	O

Event No.: 4				
Event Name: 400M Grade C				
Event Time: 9:00 a.m.				

Final				
1	2D	8	Ki Long	O
2	2A	32	Yeung Xing Hei	O
3	1B	27	Sin Lok Yin	G
4	2E	28	Ng Tsz Lok Aiden	R
5	1E	9	Cheung Tsz Yung	P
6	2E	21	Law Tin Yat Barret	Y
7	2E	23	Lee Ming Yau	G
8	1A	33	Yu Tin Yiu	R

Event No.: 5				
Event Name: 400M Grade B				
Event Time: 9:00 a.m.				

Final				
1	3A	9	Hui Yee Chun	G
2	3A	2	Chan Fan San	G
3	2F	23	Siu Hoi Long	B
4	4C	17	Leung Kin Shing	B
5	4E	14	Leung Pak Hei	O
6	3E	4	Chan Wang Yui	P
7	3A	24	Wang Chris Sen Yu	Y
8	2F	19	Ng Ka Wai	Y

Event No.: 6				
Event Name: 400M Grade A				
Event Time: 9:00 a.m.				

Final				
1	5B	20	Wong Hau Kin	O
2	5F	11	Hui King Bong	O
3	5F	5	Chiu Xenon Bezalel	R
4	4F	27	Vrijmoed Justin	G
5	5E	4	Chiu Chun Hei	O
6	6D	19	Yeung King Pak	O
7	5E	2	Chang Sa Lang Enoch	Y

Finals Day – Lane Distributions

8	6D	11	Leung Yat Chun	R
Event No.: 7				
Event Name: Triple Jump Grade A				
Event Time: 9:00 a.m.				
Final				
1	6F	21	Tse Ka Yu	B
2	6A	14	Mok Pak Hei	G
3	6D	11	Leung Yat Chun	R
4	6F	23	Wong Ho Lam	G
5	5E	17	Tsoi Pui Fung	G
6	5E	23	Wong Ming Chun Daryl	Y
7	5E	21	Wong Ho Fung	O
8	6D	19	Yeung King Pak	O
9	6A	9	Lai Kin Kwan	P
10	5F	14	Lam Lik Chun Frank	P
11	5C	4	Chow Thomas	R
12	6A	11	Law Ho Wai	R
13	5E	28	Wu Pak Kwan	R
14	6A	19	To Tsz Chun	R
15	4C	29	Zhang Chun Hei	P
16	5B	19	Tsoi Tsz Wai	R
17	6F	25	Yu Junyan	P
Event No.: 8				
Event Name: Shot Put Grade A				
Event Time: 9:00 a.m.				
Final				
1	5A	2	Chan King Laam	Y
2	6B	1	Chan Sheung Kit	Y
3	5D	11	Hui Tang Ho	G
4	6A	12	Leung Chun Kiu	P
5	6E	27	Yuen Tin Long	Y
6	6B	3	Fong Sze Chit	B
7	6B	15	Yee Him Ming	O
8	5E	18	Tsoi Siu Hin	Y
9	5B	1	Chan Ho Fung Rio	G
10	5E	10	Lee Chung Yan Daniel	P
11	6A	16	Ng Ming Hon Anthony	P
12	5F	7	Choi Wang Ho	O
13	6B	13	Siu Tsz Shing	B
14	6B	5	Ho Sze Chun	O
15	5F	8	Chow Tsz Hei	G
16	6A	6	Chung Yin Long	O
17	6B	10	Leung Shing Yiu	P
18	5A	23	Wong Tun Kit	Y

19	6E	25	Wong Yiu Tak Oliver	G
20	5A	4	Chau Chun Ki Mike	R
21	5E	20	Wong Chung Ki	G
22	6B	9	Lam Tsz Yuen	O
23	6A	2	Chan Yin Chung	Y
24	5E	1	Chan Tsz San	R
25	5E	8	Lam Long Hei	Y
26	6E	8	Chow Chung Yan	B
27	6A	17	Poon Cheuk Hei	P
28	5E	15	Ng Cheuk Hin Bernard	B
29	5F	22	Lu To Yin	R
30	6B	12	Ng Wing Cheung	G
31	6B	2	Cheng Chun Wang	O
32	6B	11	Ng Man Chak Engus	B
33	5E	9	Lam Yin Hei Bosco	R
34	5F	15	Lau Ethan Ambrose	Y
35	6B	14	Wong Hon Pui	P
36	6B	4	Fu Kwok Pan	O
37	5F	19	Leung Ming Hei	O
38	5E	12	Ma Hok Ching	Y
39	5F	31	Yung Lok	Y
40	5E	3	Chim Chad Aristo	B
41	5E	13	Mak Chun Hei Ronald	P
42	6E	21	Wong Chin Fung	G
43	5F	6	Choi Bosco	P
44	5F	18	Lau Yue Ching	G
45	5F	4	Cheung Chun Kiu	Y
46	5F	10	Fung Hong Ching	P
47	5E	7	Kwok Wing Kai Ricky	R
48	5E	29	Xiao Guanze	B
49	5F	30	Yuen Cheuk Hei	B
50	5C	10	Lee Donald Cheuk Yiu	P
51	6B	8	Kwok Fong Yui	O
52	5E	24	Wong Tin Long	O
53	6B	6	Kam Chun San	O
54	5E	26	Wong Wing Ping	B
55	5B	7	Chow Wai Ching	G
56	5E	19	Tung Yau Sang	B
57	6B	7	Kwok Chun Yin	O
Event No.: 9				
Event Name: 100M Grade C				
Event Time: 9:20 a.m.				
Final				
1	2C	8	Cheung Shing Lok	P

Finals Day – Lane Distributions

2	1B	33	Xu Xize	Y
3	1D	10	Choi Ho Yan	Y
4	2F	27	Wang Ruoyu	G
5	1E	10	Chong Chun Hei Isaac	R
6	2E	27	Ng Pak Lok Roderick	B
7	1B	34	Yeung Nok Hei Brian	R
8	2D	10	Kwong Cheuk Kwan	G

Event No.: 10
Event Name: 100M Grade B
Event Time: 9:20 a.m.

Final

1	4C	13	Ku Pak Hin	R
2	4E	9	Law Lok Hei	R
3	3A	11	Lam Tsz Kiu	B
4	3D	10	Keung Wun Yu	P
5	3E	18	Lee Yat Lok	R
6	4B	8	Lee Wing Yin	Y
7	2E	33	Yuen Tsz Hin	B
8	4C	22	Wan Long Yat	G

Event No.: 11
Event Name: 100M Grade A
Event Time: 9:20 a.m.

Final

1	5A	16	Liu Xingjian Isaac	G
2	6F	11	Ho Yi Hang	P
3	5E	21	Wong Ho Fung	O
4	5F	14	Lam Lik Chun Frank	P
5	5E	23	Wong Ming Chun Daryl	Y
6	6F	20	Mak Chun To Oscar	G
7	6F	19	Ma Shun Ngai	R
8	5B	19	Tsoi Tsz Wai	R

Event No.: 12
Event Name: Long Jump Grade B
Event Time: 9:20 a.m.

Final

1	3B	21	Szeto Pak Hei	G
2	3D	10	Keung Wun Yu	P
3	4A	16	Shum Cheuk Yin Donald	G
4	2E	8	Chu Kai Kong	B
5	3C	5	Cheung Gabriel Yat Kiu	G
6	4A	4	Choy Ching Hei	B
7	3F	25	Wu You	P
8	4E	17	Lok Fung	G
9	2F	23	Siu Hoi Long	B
10	5E	27	Wong Yik Yu	G

11	4F	19	Leung Wingyat	G
12	4E	15	Li Shun Hin Ernest	O
13	3A	3	Chan Yan Ho Karvyn	R
14	4C	1	Au Yeung Yat Hei	O
15	2D	16	Lo Cheuk Him	Y
16	4A	15	Low Lik Hang	G
17	4E	11	Lee Ming Hin	R
18	3E	23	Ng Yui Hin Franklin	R
19	3D	24	Li Chi Shing	P
20	3A	11	Lam Tsz Kiu	B
21	2F	19	Ng Ka Wai	Y
22	3E	18	Lee Yat Lok	R
23	4B	8	Lee Wing Yin	Y
24	4A	9	Lai Pui Kwan	B
25	4D	12	Lo Ka Hei	R
26	3E	4	Chan Wang Yui	P
27	2C	29	Wong Ki Wai	P
28	3C	25	Wong Tsz Lam Jeffrey	P
29	3D	6	Guo Jinming	G

Event No.: 13
Event Name: 800M Grade C
Event Time: 9:30 a.m.

Final

1	2C	27	Tsui Hin Fung Herman	P
2	2F	10	Lam Wai Nok	R
3	1E	9	Cheung Tsz Yung	P
4	1F	1	Au Pak Ki	Y
5	2B	20	Lai King Him	O
6	1F	35	Yuen Lok Luc	O
7	1E	29	Tsang Suen Hoi	G
8	1D	18	Lam Ho Sum	O
9	1B	22	Leung Hoi Hei Geoffrey	R
10	2C	22	Lie Chun Ming	R
11	1D	9	Cheung Will	R
12	2A	30	Wong Shun Ping	B

Event No.: 14
Event Name: 800M Grade B
Event Time: 9:30 a.m.

Final

1	4F	21	Liu Tsz Fung	Y
2	3D	30	Yu Shing Hin	R
3	2D	16	Lo Cheuk Him	Y
4	3A	3	Chan Yan Ho Karvyn	R
5	2E	12	Fan Kok Pan Justin	G

Finals Day – Lane Distributions

6	3F	16	Li Guan Hao	R
7	4A	19	Wong Ming Tak	B
8	3F	17	Man Ho Lam	O
9	4C	16	Lau Cheuk Kiu	B
10	4E	15	Li Shun Hin Ernest	O
11	4E	10	Lee Chun Fung	Y
12	3B	17	Man Sin Kei Collins	R

Event No.: 15
Event Name: 800M Grade A
Event Time: 9:30 a.m.

Final

1	5C	21	Yung Cheuk Nam	R
2	5C	8	Hung Ling In	P
3	5F	10	Fung Hong Ching	P
4	5E	4	Chiu Chun Hei	O
5	5B	2	Chan Yin Cheung	P
6	5B	19	Tsoi Tsz Wai	R
7	5F	29	Yip Tsz Ho	O
8	6F	18	Lui Nok Marcus	Y
9	5E	5	Chong Chun Kit	R
10	5F	11	Hui King Bong	O
11	5E	17	Tsoi Pui Fung	G
12	5B	12	Lui Lok Him	G

Event No.: 16
Event Name: 200M Grade C
Event Time: 9:50 a.m.

Final

1	2A	4	Chan Wai Hon Clifford	R
2	2F	21	Poon Tak Him	R
3	1E	10	Chong Chun Hei Isaac	R
4	1D	10	Choi Ho Yan	Y
5	2A	32	Yeung Xing Hei	O
6	2D	10	Kwong Cheuk Kwan	G
7	1A	29	Wong Chi Yi	P
8	1E	8	Cheung Chi Yin	O

Event No.: 17
Event Name: 200M Grade B
Event Time: 9:50 a.m.

Final

1	2D	16	Lo Cheuk Him	Y
2	3A	11	Lam Tsz Kiu	B
3	2E	33	Yuen Tsz Hin	B
4	4C	13	Ku Pak Hin	R
5	3D	10	Keung Wun Yu	P
6	4E	9	Law Lok Hei	R

7	3E	25	Tan Asher Tze Kit	P
8	3E	18	Lee Yat Lok	R

Event No.: 18
Event Name: 200M Grade A
Event Time: 9:50 a.m.

Final

1	5B	7	Chow Wai Ching	G
2	5E	11	Li Jun Xi	B
3	6F	20	Mak Chun To Oscar	G
4	4F	27	Vrijmoed Justin	G
5	6F	13	Lau Ting Him Cedric	Y
6	5D	14	Lou Lap Yan	P
7	6F	8	Fung Ngo Yeung	R
8	5E	6	Chung Andy Ka Wai	O

Event No.: 19
Event Name: Discus Grade C
Event Time: 9:50 a.m.

Final

1	2F	4	Ha Tin Sang	O
2	2D	18	Mak Kin To James	G
3	1F	22	Lee Alden	O
4	1D	30	Tam Pok Him Jerome	G
5	2F	33	Yu Sing Hei	B
6	1F	1	Au Pak Ki	Y
7	2E	9	Chui Cheuk Kiu Isaac	Y
8	2F	12	Lee Fung Tok	P
9	1D	21	Law Yu Sing Carter	Y

Event No.: 20
Event Name: 3000M Open
Event Time: 10:10 a.m.

Final

1	5A	10	Lam Chin Yu	B
2	3B	18	Ng Lucas	O
3	6A	22	Tsui Jerry William	G
4	5C	8	Hung Ling In	P
5	2F	10	Lam Wai Nok	R
6	5C	21	Yung Cheuk Nam	R
7	5E	17	Tsoi Pui Fung	G
8	5F	10	Fung Hong Ching	P
9	5F	29	Yip Tsz Ho	O
10	6E	23	Wong Hon Yin	O
11	6A	11	Law Ho Wai	R
12	5B	20	Wong Hau Kin	O
13	4E	10	Lee Chun Fung	Y
14	2C	27	Tsui Hin Fung Herman	P

Finals Day – Lane Distributions

15	6A	14	Mok Pak Hei	G
16	5A	5	Cheng Sze Ming	B
17	3E	4	Chan Wang Yui	P
18	5D	19	Wong Lok Yin Isaac	R
19	5C	6	Ho Pak Chun	B
20	3B	21	Szeto Pak Hei	G
21	4C	17	Leung Kin Shing	B

Event No.: 21
Event Name: I/C 4x100M Grade C
Event Time: 10:40 a.m.

Final

1	1E		1E	
2	1B		1B	
3	2E		2E	
4	2D		2D	
5	2F		2F	
6	2C		2C	
7	2A		2A	
8	1D		1D	

Event No.: 22
Event Name: I/C 4x100M Grade B
Event Time: 10:40 a.m.

To be announced on the Finals Day after the make-up race.

Event No.: 23
Event Name: I/C 4x100M Grade A
Event Time: 10:40 a.m.

To be announced on the Finals Day after the make-up race.

Event No.: 24
Event Name: I/H 4x100M Grade C
Event Time: 11:00 a.m.

Final

2			Oak	O
3			Gingko	G
4			Banyan	B
5			Rosewood	R
6			Pine	P
7			Yew	Y

Event No.: 25
Event Name: I/H 4x100M Grade B
Event Time: 11:00 a.m.

Final

2			Pine	P
3			Banyan	B
4			Rosewood	R

5			Oak	O
6			Gingko	G
7			Yew	Y

Event No.: 26
Event Name: I/H 4x100M Grade A
Event Time: 11:00 a.m.

Final

2			Pine	P
3			Yew	Y
4			Oak	O
5			Gingko	G
6			Rosewood	R
7			Banyan	B

Event No.: 27
Event Name: Parent-Teacher Invitation 4x100M Relay
Event Time: 11:20 a.m.

Final

1			PTA Team A	
2			Teacher A	
3			PTA Team B	
4			Teacher B	
5			PTA Team C	
6			Teacher C	
7			PTA Team D	

Event No.: 28
Event Name: Staff Invitation 4x100M Relay
Event Time: 11:20 a.m.

Final No. 1

1			OLE	
2			ORIENTEERING	
3			YOUTH RED CROSS	
4			CHINESE DEBATE	
5			HOUSE CAPTAINS	
6			JUNIOR BADMINTON	
7			FOOTBALL B	
8			ARCHERY	

Final No. 2

1			ATHLETICS B	
2			SWIMMING	
3			FOOTBALL A	
4			ATHLETICS A	
5			SENIOR BADMINTON	
6			HOCKEY	
7			HANDBALL	
8			LIFE-SAVING	

Finals Day – Lane Distributions

Event No.: 29				
Event Name: Parent-student 2x100M Relay				
Event Time: 11:20 a.m.				
Final No.1				
1	1A	8	Cu Hay In	
2	1A	12	Kuan Sheung Tang	
3	1B	33	Xu Xize	
4	1C	4	Chan Ka Cheuk	
5	4F	23	Ng Hoi Chun	
6	1C	32	Yau Chun Ting	
7	1C	33	Yau Pak Lam	
8	1C	3	Chan Chun To	
Final No. 2				
1	1D	3	Chein Whai Chien Wyatt	
2	1D	9	Cheung Will	
3	1D	21	Law Yu Sing Carter	
4	1E	4	Chan Pui Chung Thomas	
5	1E	18	Lau Yuk Leung	
6	1E	29	Tsang Suen Hoi	
7	1E	30	Wong Chit	
8	1F	17	Ip Ho Sum	
Final No. 3				
1	1F	7	Chau Kun Fung Moses	
2	1F	36	Yip Knoton	
3	2E	21	Law Tin Yat Barret	
4	2E	33	YUEN Tsz Hin	
5	2F	27	WANG Ruoyu	
6	3A	11	Lam Tsz Kiu	
7	3D	2	Chan Tsz Fuk Josiah	
8	3D	3	Chan Yat Cho	
Final No. 4				
2	3B	3	Chan Pak Yui	
3	4E	4	Chan James	
4	1E	28	To Yu Hin Desmond	
5	2F	23	Siu Hoi Long	