

**St. Paul's College**  
**Physical Education Department**  
**Weekly Bulletin (Nov. 17 to 23)**

|              | 17/11 (Mon.)                     | 18/11 (Tue.)   | 19/11 (Wed.)   | 20/11 (Thu)   | 21/11 (Fri)                       | 22/11 (Sat.)  | 23/11 (Sun.)   |
|--------------|----------------------------------|--|--|---|-----------------------------------|---|--|
| Lunch Time   | <b>Annual Sports Day (Heats)</b> | -Graduates' Shield (F.6C vs F.6F)  | -Graduation Cup (F.6F vs F.6E)<br>-Inter-house Football Competition (Pine vs Rosewood)         | -Graduation Cup (F.6C vs F.6D)<br>-Inter-house Football Competition (Ginkgo vs Oak)<br>-Inter-house Badminton Competition (Banyan vs Yew) | <b>Annual Sports Day (Finals)</b> | - Archery Team Practice (9:00 to 11:00)<br>-Archery Training Class (13:00 to 15:00)<br>- Basketball Team Practice (C grade, 12:30 to 14:30)<br>- Basketball Team Practice (A & B grade, 14:30 to 16:30)<br>-A grade I/S Handball Competition (14:00 Lai Chi Kok Park) | -A grade I/S Handball Competition (17:00 Homantin Park)<br>-B grade I/S Handball Competition (16:00 Homantin Park) |
| After school |                                  | -Badminton Team Practice<br>-Archery Team Practice<br>-Athletics Team Practice | - Basketball Team Practice (B grade)<br>-Table-tennis Team Practice<br>-Handball Team Practice | -Basketball Team Practice (C grade)<br>-Badminton Team Practice<br>-Hockey Team Practice<br>-Fencing Training Class                       |                                   |   |  |
| Others       |                                  | -B grade I/S Basketball Competition (18:00 Sheung Wan Sports Centre)           | -I/S Cross-country Competition (9:00 Aberdeen Reservoir)                                       |   |                                   |   |  |