

**St. Paul's College**  
**Physical Education Department**  
**Weekly Bulletin (Oct. 13 to 19)**

	13/10 (Mon.)	14/10 (Tue.)	15/10 (Wed.)	16/10 (Thu)	17/10 (Fri)	18/10 (Sat.)	19/10 (Sun.)
Lunch Time	- Swimming Team Practice -Smith Cup (F.5A vs F.6D/4D) -Stanton Cup (F.4B vs F.5D) -Junior I/C Badminton Competition (F.2D vs F.1A)	-Smith Cup (F.6A vs F.5D) -Stanton Cup (F.6E vs F.4E) -Junior I/C Badminton Competition (F.1B vs F.1E)	--Smith Cup (F.6B/F.5C vs F.5F) -Swimming Team Practice -Junior I/C Badminton Competition (F.2B vs 2D/F.1A)	-Smith Cup (F.6E vs F.5B)	- Swimming Team Practice -Stanton Cup (F.4F vs F.3C)	- Archery Team Practice (9:00 to 11:00) -Archery Training Class (13:00 to 15:00) - Basketball Team Practice (C grade, 12:30 to 14:30) - Basketball Team Practice (A & B grade, 14:30 to 16:30)	-A grade I/S Handball Competition (14:00 Lai Chi Kok Park)
After school	-Fencing Team Practice -Swimming Team Practice -Football Team Practice	-Badminton Team Practice -Archery Team Practice -Athletics Team Practice	-Basketball Team Practice (A & B grade) -Table-tennis Team Practice -Handball Team Practice -Swimming Team Practice	-Basketball Team Practice (C grade) -Badminton Team Practice -Hockey Team Practice -Fencing Training Class	-Swimming Team Practice -Football Team Practice (C grade) -Table-tennis Team Practice -Athletics Team Practice -Bowling Team Practice	- A grade I/S Football Competition (14:45 Happy Valley)	
Others		-A grade Basketball Competition (18:00 Sheung Wan Sports Centre) - Basketball Team Practice (C grade 7:30 am)		-I/S Swimming Competition (9:00 Kowloon Park Swimming Pool)	-A & B grade I/S Badminton Competition (16:20 Smithfield Road)		