

St. Paul's College
Physical Education Department
Weekly Bulletin (Oct. 6 to 12)

	6/10 (Mon.)	7/10 (Tue.)	8/10 (Wed.)	9/10 (Thu)	10/10 (Fri)	11/10 (Sat.)	12/10 (Sun.)
Lunch Time	- Swimming Team Practice -Smith Cup (F.3C vs F.3B) -Stanton Cup (F.4B vs F.5D)	-Smith Cup (F.6D vs F.4D) -Stanton Cup (F.6E vs F.4E) -Junior I/C Badminton Competition (F.2A vs F.1E)	- Swimming Team Practice -Stanton Cup (F.5E vs F.6B) -Junior I/C Badminton Competition (F.2B vs F.1F)	-Smith Cup (F.6B vs F.5C) -Stanton Cup (F.3C vs F.4F) -Junior I/C Badminton Competition (F.1D vs F.1B)	- Swimming Team Practice -Smith Cup (F.6B vs F.4B) -Stanton Cup (F.4F vs F.3F) -Junior I/C Badminton Competition (F.2F vs F.1A)	- Archery Team Practice (9:00 to 11:00) -Archery Training Class (13:00 to 15:00) - Basketball Team Practice (C grade, 12:30 to 14:30)	-A grade I/S Handball Competition (17:00 Wan Chai Park)
After school	- Fencing Team Practice - Swimming Team Practice - Football Team Practice	-Badminton Team Practice - Archery Team Practice -Athletics Team Practice	- Basketball Team Practice (A & B grade) -Table-tennis Team Practice - Handball Team Practice - Swimming Team Practice	-Basketball Team Practice (C grade) -Badminton Team Practice -Hockey Team Practice - Fencing Training Class	-Swimming Team Practice - Football Team Practice (C grade) -Table-tennis Team Practice	- Basketball Team Practice (A & B grade, 14:30 to 16:30) - A grade I/S Football Competition (9:30 Tai Hang Tung Football Ground)	
Others		-A grade Basketball Competition (18:00 Chai Wan Sports Centre) - Basketball Team Practice (C grade 7:30 am)					